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New Patient Intake – *Massage Therapy*

Name _____ Today's date: ___/___/___

Address _____ City _____ State _____ Zip _____

Birthdate ___/___/___ Age _____ Sex _____ E-mail _____

Marital Status Single Married Divorced Separated Domestic Partner Other _____

Name (if applicable) _____

Do you have children? Yes No Ages: _____

Would you like to be added to our email list? We do not share your information and typically use it so you know about upcoming classes or lectures at Genesis!

YES NO

PHONE NUMBERS

<u>Home</u>	<u>Cell</u>	<u>Work</u>

Primary Care Physician _____ Phone _____

Employer _____ Occupation _____

EMERGENCY CONTACT INFORMATION

Contact is: Parent Guardian Spouse Domestic Partner Other _____

Name _____ Phone Number _____

How did you hear about us?

Current Health Information

List Health Concerns (check all that apply)

Primary _____

- Mild Moderate Disabling Constant Intermittent Symptoms↑ w/ activity
 Symptoms↓ w/ activity

Other concerns related _____

Treatment received _____

Secondary _____

- Mild Moderate Disabling Constant Intermittent Symptoms↑ w/ activity
 Symptoms↓ w/ activity

Other concerns related _____

Treatment received _____

Additional _____

- Mild Moderate Disabling Constant Intermittent Symptoms↑ w/ activity
 Symptoms↓ w/ activity

Other concerns related _____

Treatment received _____

Daily activities limited by condition

- Work Home/Family Sleep/Self-care Social/Recreational

Self-Care Routines

How do you reduce stress? _____

How do you reduce pain? _____

Current medications: _____

Have you ever received massage therapy before? Yes No Frequency? _____

What are your goals for receiving massage therapy? _____

Health History

List and explain. Include dates and treatment received.

Surgeries

Injuries

Major Illnesses

Check all current and previous conditions

General

Current	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Headaches
<input type="checkbox"/>	<input type="checkbox"/>	Pain
<input type="checkbox"/>	<input type="checkbox"/>	Sleep disturbances
<input type="checkbox"/>	<input type="checkbox"/>	Fatigue
<input type="checkbox"/>	<input type="checkbox"/>	Infections
<input type="checkbox"/>	<input type="checkbox"/>	Fever
<input type="checkbox"/>	<input type="checkbox"/>	Sinus
<input type="checkbox"/>	<input type="checkbox"/>	Other _____

Skin Conditions

Current	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Rashes
<input type="checkbox"/>	<input type="checkbox"/>	Athlete's Foot, warts
<input type="checkbox"/>	<input type="checkbox"/>	Other _____

Allergies

Current	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Scents, oils, lotions
<input type="checkbox"/>	<input type="checkbox"/>	Detergents
<input type="checkbox"/>	<input type="checkbox"/>	Other _____

Endocrine System

Current	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes

Muscles and Joints

Current	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis
<input type="checkbox"/>	<input type="checkbox"/>	Osteoarthritis
<input type="checkbox"/>	<input type="checkbox"/>	Osteoporosis
<input type="checkbox"/>	<input type="checkbox"/>	Scoliosis
<input type="checkbox"/>	<input type="checkbox"/>	Broken Bones
<input type="checkbox"/>	<input type="checkbox"/>	Spinal Problems
<input type="checkbox"/>	<input type="checkbox"/>	Disk Problems
<input type="checkbox"/>	<input type="checkbox"/>	Lupus
<input type="checkbox"/>	<input type="checkbox"/>	TMJ, jaw pain
<input type="checkbox"/>	<input type="checkbox"/>	Spasms, cramps
<input type="checkbox"/>	<input type="checkbox"/>	Sprains, strains
<input type="checkbox"/>	<input type="checkbox"/>	Tendonitis, bursitis
<input type="checkbox"/>	<input type="checkbox"/>	Stiff or painful joints
<input type="checkbox"/>	<input type="checkbox"/>	Weak or sore muscles
<input type="checkbox"/>	<input type="checkbox"/>	Necks, shoulder, arm pain
<input type="checkbox"/>	<input type="checkbox"/>	Low back, hip, leg pain
<input type="checkbox"/>	<input type="checkbox"/>	Other _____

Cancer/Tumors

Current	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Benign
<input type="checkbox"/>	<input type="checkbox"/>	Malignant

Nervous System

- | Current | Past | |
|--------------------------|--------------------------|----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Head injuries, concussions |
| <input type="checkbox"/> | <input type="checkbox"/> | Dizziness, ringing in ears |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of memory, confusion |
| <input type="checkbox"/> | <input type="checkbox"/> | Numbness, tingling |
| <input type="checkbox"/> | <input type="checkbox"/> | Sciatica, shooting pain |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic pain |
| <input type="checkbox"/> | <input type="checkbox"/> | Depression |
| <input type="checkbox"/> | <input type="checkbox"/> | Other _____ |

Reproductive System

- | Current | Past | |
|--------------------------|--------------------------|---------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Pregnancy |
| <input type="checkbox"/> | <input type="checkbox"/> | Painful, emotional menses |
| <input type="checkbox"/> | <input type="checkbox"/> | Fibrotic cysts |

Digestive/Elimination System

- | Current | Past | |
|--------------------------|--------------------------|-------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Bowel problems |
| <input type="checkbox"/> | <input type="checkbox"/> | Gas, bloating |
| <input type="checkbox"/> | <input type="checkbox"/> | Bladder/kidney/prostate |
| <input type="checkbox"/> | <input type="checkbox"/> | Abdominal Pain |
| <input type="checkbox"/> | <input type="checkbox"/> | Other _____ |

Respiratory, Cardiovascular

- | Current | Past | |
|--------------------------|--------------------------|-------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Heart disease |
| <input type="checkbox"/> | <input type="checkbox"/> | Blood clots |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke |
| <input type="checkbox"/> | <input type="checkbox"/> | Lymphedema |
| <input type="checkbox"/> | <input type="checkbox"/> | High/Low blood pressure |
| <input type="checkbox"/> | <input type="checkbox"/> | Irregular heart beat |
| <input type="checkbox"/> | <input type="checkbox"/> | Poor circulation |
| <input type="checkbox"/> | <input type="checkbox"/> | Swollen ankles |
| <input type="checkbox"/> | <input type="checkbox"/> | Varicose veins |
| <input type="checkbox"/> | <input type="checkbox"/> | Chest pain |
| <input type="checkbox"/> | <input type="checkbox"/> | Shortness of breath |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma |

Habits

- | Current | Past | |
|--------------------------|--------------------------|-------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Tobacco |
| <input type="checkbox"/> | <input type="checkbox"/> | Alcohol |
| <input type="checkbox"/> | <input type="checkbox"/> | Drugs |
| <input type="checkbox"/> | <input type="checkbox"/> | Coffee/Soda |

Any other information you would like your massage therapist to know: _____

Patient Financial Policy

Thank you for choosing Genesis Natural Medicine Center as your naturopathic health care provider. We are committed to walking with you on your road to good health. It is important to us that you understand your financial responsibility to Genesis to ensure there will not be any misunderstanding regarding payment for services rendered. Please ask us if you have any questions about our policies or your responsibilities. Carefully review the following information and return this form to us with your signature and today's date.

Our doctors require that all patients complete the New Patient Intake Form prior to seeing the doctor. This information needs to be updated annually or at the time of an appointment if there are information changes (i.e. address, name, email, insurance information, etc.).

PAYMENT: We require full payment at the time of service. We accept cash, Visa, MasterCard and Discover. Our policy is to take credit card information before a phone consult unless other arrangements were made prior to the appointment.

INSURANCE: It is the patient's responsibility to provide Genesis Natural Medicine Center with current, accurate insurance information. Our doctors use your insurance information when working with one of our labs so they can submit the claim for payment. There are some insurance plans that do not cover labs when ordered by a naturopath (i.e. Medicare, AHCCA, Tricare, etc.). When your insurance changes please give the front office your new insurance card. Genesis understands how expensive health care can be for our patients. We have partnered with Ronnette's Medical Billing and Coding to provide to you an excellent referral service to enable you to file your claim for reimbursement. Ronnette's Medical Billing and Coding charges our patients \$10 to file a claim. She accepts cash and checks only. If you choose to use her service, we will collect the payment during checkout and provide you with her information. Ronnette picks up receipts to begin the reimbursement process once a week. She will contact you to discuss the details of her service with you.

MEDICARE: *Only* our Chiropractor accepts Medicare. If you are a Chiropractic patient and a Medicare recipient, please provide us with your current Medicare card. You will be charged the Medicare allowable rate at the time of service. Our Medical Biller and Coder will file your claim for reimbursement. Your reimbursement will be mailed directly to you. If you have any questions, please speak to our front office.

GYNECOLOGY VISITS: If a Pap test has been ordered, the lab bill will either be submitted to your insurance, or billed directly to you.

DISCOUNTS: Genesis Natural Medicine offers discounts to patients. After the first initial appointment, any follow up visits reflect only the time spent with the doctor. We do not charge a flat rate for follow up visits as is the practice of many medical offices. We charge based on 15 minute increments, this gives our patients a considerable savings. Many patients do not have insurance. We offer lab work at doctor pricing. This is a significant savings for our patients. At Genesis Natural Medicine Center the more expensive a supplement is, the deeper the discount. It is important to us to offer supplements that are Rx quality at the best possible rate.

CANCELLATION POLICY: Genesis Natural Medicine Center has a 24 hour cancellation / rescheduling policy. The doctor has reserved your appointment time specifically for you. For your convenience, we will call you 48 hours in advanced to remind you of your appointment.

If you miss your appointment, cancel or change your appointment with less than 24 hours notice, you will be charged \$50.

Thank you for understanding our Financial Policy. We appreciate the opportunity to provide our services for your medical needs. If you have any questions, we encourage you to speak with the front office.

I have read and understand the Genesis Natural Medicine Center Financial Policy.

Print Name

Sign Name

Date

Naturopathic Informed Consent to Treat

Consent: I hereby request and voluntarily consent to the performance of naturopathic treatments and/or other services related to naturopathy, including various modes of physical therapy and diagnostic procedures, on me (or on the patient named below, for whom I am legally responsible) by doctors and practitioners at Genesis Natural Medicine Center.

I understand that this office utilizes many forms of diagnosis and therapy including but not limited to:

- **Physical exam:** e.g. general, musculoskeletal, cardiovascular, gynecological, abdominal, respiratory, neurological, and urological.
- **Medicinal use of nutrition:** therapeutic nutrition, nutritional supplementation
- **Botanical medicine:** botanical substances may be prescribed as teas, alcoholic tinctures, capsules, tablets, creams, plasters or suppositories.
- **Homeopathic medicine:** the use of highly dilute quantities of naturally occurring plants, animals and minerals to gently stimulate the body's healing responses.
- **Lifestyle counseling and hygiene:** diet therapy, promotion of wellness including recommendations for exercise, sleep, stress reduction and balancing of work and social activities.
- **Psychological counseling**
- **Colon Hydrotherapy**
- **Hydrotherapies:** e.g., hydrocolator, contrast treatments, wet sheet wrap, WAON therapy
- **LED light therapy**
- **Far Infra-red Sauna**
- **Acupuncture**
- **Soft tissue manipulation:** massage, neuro-muscular technique, muscle energy stretching, visceral manipulation.
- **Contraception and hormone replacement therapies**
- **Intravenous, Intramuscular and Subcutaneous injections:** nutritional supplementation, therapeutic nutrition, pain management, joint care
- **Chiropractic**
- **Gynecology**

No Guarantee: I understand that results are not guaranteed.

Recital of Risks: I understand and am informed that, in the practice of medicine, there is some degree of risk to treatment. Within the general healthcare setting for services from doctors and practitioners, the possible outcomes of these practices range from minor to fatal.

I understand that some herbs and supplements may be inappropriate during pregnancy, and I will notify the doctor if I am or become pregnant or have another condition of which he is unaware.

I will inform the doctor and or practitioner if I experience any gastrointestinal upset (nausea, gas, stomach ache, vomiting), allergic reactions (hives, rashes, tingling of the tongue, difficulty breathing, headache), or any unanticipated or unpleasant effects associated with the herbs, supplements or other treatment prescribed by the doctor or practitioner. I understand that while this document describes the major risks of treatment, other side effects and risks may occur. I do not expect the doctor or practitioner to be able to anticipate and explain all risks and complications, but I wish to rely on the doctor and practitioner to exercise judgment during the course of any treatment or therapy and act in my best interest.

Agreement and Continuous Effect: I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

I, _____, am of sound mind and able to understand the naturopathic services offered to me in relation to my health care at *Genesis Natural Medicine Center*.

Sign Name

Date

HIPAA Compliance Form

How We Collect Information About You: Genesis Natural Medicine Center, PLC (“Genesis”) and its employees collect data through a variety of means including but not necessarily limited to letters, phone calls, emails, voice mails, and from the submission of applications that is either required by law, or necessary to process applications or other requests for assistance through our organization.

What We Do Not Do With Your Information: Information about your financial situation and medical conditions and care that you provide to us in writing, via email, on the phone (including information left on voice mails), contained in or attached to applications, or directly or indirectly given to us, is held in strictest confidence.

We do not give out, exchange, barter, sell, lend, or disseminate any information about applicants or clients who are treated by Genesis as it is considered confidential and is restricted by law, or has been specifically restricted by a patient/client in a signed HIPAA consent form.

How We Do Use Your Information: Information is only used as is reasonably necessary to provide you with health or counseling services (including notification of health lectures, seminars, events, etc.) which may require communication between other health care providers, medical product or service providers, pharmacies, and other providers necessary to: verify your medical information is accurate; determine the type of medical supplies or any health care services you need; or to obtain or purchase any type of medical supplies, devices, or medications.

Print Name

Sign Name

Date